

Regulations of the 5150 Gdynia event (hereinafter referred to as: "event")

I. ORGANIZER

- 1.1. The organizer of the Event is Sport Evolution Group Sp. z o.o., Jana Kochanowskiego 12/23, 01-864 Warszawa, registered in the District Court for the capital city of Warsaw, XIII Wydział Gospodarczy Krajowego Rejestru Sądowego, KRS 0000779253, NIP: 1231431002, REGON: 382960037, **address for correspondence ul. Janki, ul. Falencka 1B, 05-090 Raszyn**, (hereinafter referred to as the "Organizer").
- 1.2. The event is an event organized and managed by an independent licensee of the World Triathlon Corporation based at 3407 West Martin Luther King Jr. Blvd, Suite #100 Tampa, Florida 33607, United States of America. The name and logo are used with permission from World Triathlon Corporation.

II. DEFINITIONS

- 2.1. **Organizer** - the entity responsible for organizing the event;
- 2.2. **Athlete** - a legal person who has registered for the Event by completing the registration form and paying the entry fee;
- 2.3. **Entry fee** - the fee that must be paid to register for the event;
- 2.4. **Resignation** - resignation from participation in the event, resignation means deleting the athlete from the list of event participants;
- 2.5. **Transfer** - transferring the entry fee to another athlete, transfer means deleting the athlete from the list of event participants;
- 2.6. **Event website** - the official website of the event, www.ironmangdynia.pl and <http://www.ironman.com/im703-gdynia>.
- 2.7. **Extra Service** - an additional service purchased by the athlete, which is not included in the entry fee.

III. GENERAL RULES

- 3.1. During the competition rules apply in accordance with the rules of the World Triathlon (WT) and will have the priority over the rules of the national federation. In exceptional circumstances, if there are specific entries in the regulations for the event, they will be dealt with at a later stage. The competition will be held in the "no drafting" convention.
[World Triathlon Competition Rules](#)
[REGULATIONS OF THE POLISH TRIATHLON ASSOCIATION](#)
- 3.2. Triathlon licenses of national federations are valid at the Event.
- 3.3. In order to ensure the safety of Athletes, Volunteers, and Organizers during the event, all participants and spectators are required to comply with the current epidemic guidelines available on the website www.gov.pl (if they are currently applicable).
- 3.4. Entry to the Event of persons in quarantine, under epidemiological surveillance or showing signs of infection (fever, cough, shortness of breath) is prohibited.

- 3.5. The athlete declares that they are aware of the level of risk involved in being in a crowded place during the Event, including the risks associated with viral infections.
- 3.6. The athlete declares that they will not make any claims against the Organizer in the event of any infection acquired during the Event.
- 3.7. In the event of cancellation due to a pandemic, state of emergency, or other exceptional circumstances, as well as due to reasons beyond the control of the organizer (force majeure), the Athlete will receive a voucher equal to the paid entry fee, which can be used for participating in IRONMAN events held in Poland in the following year.
- 3.8. In the event of a change in the date of the Event due to a pandemic, state of emergency, or other exceptional circumstances, as well as due to reasons beyond the control of the organizer (force majeure), the Athlete will be transferred to the new date of the Event based on this agreement made with the Organizer. The Athlete will have the option to convert the registration fee into a voucher, within a timeframe specified by the Organizer, not less than 7 days from the original date of the event. The voucher, equal to the paid entry fee, will be valid for participating in IRONMAN events held in Poland in the following year.
- 3.9. In the event of cancellation or rescheduling of the Event due to a pandemic, state of emergency, or other exceptional circumstances, as well as due to reasons beyond the control of the organizer (force majeure), the fees for purchased additional services will be refunded to the Participant within 180 days. The refund does not apply to purchased insurance and the Polish Triathlon Association License.
- 3.10. Force majeure in the meaning of these Regulations shall be any and all unforeseeable situations or events of exceptional nature, remaining beyond the Organizer's control, making it impossible to fulfil any of the obligations provided for in these Regulations, not resulting from the Organizer's fault or negligence, and remaining insurmountable despite the exercise of all due care, in particular: events of the nature of natural disasters such as floods, hurricanes, windstorms of extraordinary strength, whirlwinds, earthquakes, exceptionally intense and prolonged downpours or extraordinary and external events that could not have been prevented (such as war, martial law restrictions, insurrection, revolution, riots, terrorist attack), epidemic threats, states of epidemic danger, epidemics and states of epidemics, as well as new legal acts or decisions of administrative authorities preventing the Organizer from fulfilling its obligations. Neither the Organizer nor the competitors shall be liable for failure to perform or improper performance of the provisions of these Regulations caused by force majeure.

IV. DATE AND PLACE

- 4.1. The event will take place on August 4, 2024 in Gdynia.
- 4.2. Start and Finish will be located on the City Beach in Gdynia.
- 4.3. The start time of the event will be published in the "Schedule" on the event website at a later date.
- 4.4. The organizer reserves the right to change the location of the start and finish line.

V. DISTANCE, ROUTE, TIME LIMIT

- 5.1. The race will be held at the distance of 1,5 km of the swimming stage, 40 km of the cycling stage and 10 km of the running stage.
- 5.2. Swimming at the distance of 1,5 km. The start will take place in the Rolling Start formula from the shoreline of the City Beach in Gdynia. Expected water temperature: 17 - 21 ° C. For safety reasons, it is obligatory to swim in triathlon wetsuits during the race. At water temperatures below 16 degrees Celsius, long-sleeved wetsuits will be required. For water temperatures above 24.5 degrees Celsius, wetsuits are prohibited.
- 5.3. Cycling on a distance of 40 km. Traffic is closed on the entire route. Convention competition without drafting! Only road bicycles and triathlon bicycles allowed.
[Bicycles allowed during the Event](#)
- 5.4. Running a distance of 10 km.
- 5.5. The Organizer reserves that the final length of the routes of particular stages may slightly differ from the lengths given in points 5.1. 5.2., 5.3. and 5.4. Permissible difference is +/- 5% for each stage and the exact length of the routes will be given after their final approval and will be included in GPX files of the routes made available by the Organizer.
- 5.6. Time limits:
 - 5.6.1. Swim: 50 minutes
 - 5.6.2. Swim and bike: 2 hours 45 minutes
 - 5.6.3. Swim, bike and run: 4 hours
- 5.7. The time limit for the completion of the individual sections of the cycling and running route of the Event will be published on the website of the Event no later than 14 days before the Event.
- 5.8. The detailed route of the event will be published on the event website. The Organizer has the right to change the route and its distance. Such a change shall not give rise to any additional claims and obligations.
- 5.9. Apart from the Organizer, persons authorised by the Organizer and public services, no person without a start number is allowed on the route. Persons violating this prohibition may be removed from the route by appropriate services.
- 5.10. Electronic time measurement control points will be located on the route of the race. Omitting the control gate may result in disqualification.
- 5.11. There will be refreshment points on the route of the event (cycling and running course).
- 5.12. After the limit expires, the athlete is obliged to immediately leave the race route.
- 5.13. A person who stays on the route after the time has expired, does so at his own risk and may be punished for breaking traffic regulations and the Civil Code.

VI. PARTICIPATION

- 6.1. A person who is 18 years of age at the day of the race (person born before August 4, 2006) may participate in the event.
- 6.2. Each athlete taking part in the Event must undergo verification at the Race Office. Details about participant verification at the Race Office can be found in Section XI.
- 6.3. The cost of the registration fee, accommodations, transportation, and personal meals are the responsibility of the athlete.
- 6.4. For safety reasons it is prohibited to:

- 6.4.1. Bring onto the route of the Event objects that may constitute a danger to other athletes.
- 6.4.2. To participate in the event wearing clothing which covers the face and makes it impossible to identify the athlete.
- 6.4.3. Start with animals.
- 6.4.4. Start with pushchairs.
- 6.5. Each athlete is obliged to participate in the event in the swimming cap provided in the starting package, to put the starting number under the saddle during cycling and on the bicycle helmet; during the run: in front, at waist level - under penalty of disqualification. It is recommended to put the bib number on the back while riding a bike due to the chip on the back of the number. During the running stage, the athlete is obliged to put the bib number in front of him under penalty of disqualification.

VII. SAFETY

- 7.1. By entering the starting line, the athlete confirms that he starts solely at his own risk and bears the risk associated with it, acknowledging that participation in the event is associated with physical effort and entails a natural risk and risk of accidents, the possibility of injury and injury. physical damage (including death) as well as property damage and loss and has voluntarily decided to take the risk. The above does not exclude the Organizer's liability resulting from mandatory legal regulations.
- 7.2. The organizer provides accident insurance to athletes who have been correctly verified in the Race Office. Each athlete will be covered by insurance cover in the field of accident insurance occurring during the insurer's liability period in the territory of the Republic of Poland, consisting in bodily injury or health disorder, causing permanent health impairment or death of the insured. The insurance is paid by the Policyholder, ie the Organizer.
- 7.3. The athletes are obliged to strictly follow the instructions of the Organizers, services responsible for road traffic management, including the Police, Municipal Police, judges and other services securing the route of the event.
- 7.4. The decisions of the medical service regarding the continuation of the race by athletes are final and indisputable. The medical transport of the athlete results in his disqualification.
- 7.5. If an athlete decides to withdraw from the competition at any time during the event, he/she must notify the judges or the organizer.

VIII. REGISTRATION

- 8.1. Registration for the Event will be carried out through a registration form available on the SlotMarket.pl website from October 30, 2023, until July 28, 2024, or until all available spots are filled.
- 8.2. The limit of athletes in the event is 1500 entries. If the limit is reached, the Organizer reserves the right to close the registration earlier.
- 8.3. The Organizer reserves the right to invite people to take part in the Event after the limit of places has been reached or after the date given in point 8.1.

- 8.4. The organizer reserves the right to change the limit of places, and everyone who has purchased the package by the date of announcement of such a change has a guaranteed right to start.
- 8.5. The registration is considered when the application form is correctly completed and when the payment the current entry fee available in the event registration profile on SlotMarket.pl.
- 8.6. The confirmation of successful registration is:
 - 8.6.1. confirmation of registration for the event from SlotMarket.pl (confirmation from the email address contact@slotmarket.pl);
 - 8.6.2. payment confirmation from Przelewy24;
 - 8.6.3. information about registration in the Registration History on the SlotMarket.pl in user account (status: "Registered").

IX. ENTRY FEE

- 9.1. The current entry fee for the Event can be found at www.SloMarket.pl on the Event registration form.
- 9.2. The entry fee should be paid via the Przelewy24 transaction service. All data provided in payments are entered on a secure encrypted page.
- 9.3. The fee must be paid upon registration, otherwise the application will be canceled.
- 9.4. The Entry Fee consists of servicing the athlete before the event (e-mail communication and via Social Media channels), maintaining the servers of the event website, purchases and renting products necessary to organize the event, as well as organizing and promoting the event.
- 9.5. An athlete who wants to receive an invoice for the paid entry fee should select the appropriate option in the registration form and enter the required data needed to issue the document. The invoice will be generated automatically after the payment is credited and will be available for download from the athlete's profile.
- 9.6. The organizer does not issue invoices in paper form.
- 9.7. In order to receive an invoice after payment, please contact by writing to faktury@slotmarket.pl.
- 9.8. Invoices to the individual will be issued up to three months after payment.
- 9.9. Business invoices will be issued by the fifteenth of the month following payment.

X. STARTING KIT

- 10.1. As part of the event, each athlete receives:
 - 10.1.1. Bib number
 - 10.1.2. Set of stickers
 - 10.1.3. Swim cap
 - 10.1.4. Wristband
 - 10.1.5. Deposit bag
 - 10.1.6. Chip
 - 10.1.7. Transition Bags
- 10.2. Athletes who have completed the event are entitled to get a medal and a finisher t-shirt.
- 10.3. The size of the T-shirt must be provided during registration. T-shirt size can be changed up to 45 days before the event.

- 10.4. An athlete who gives the starting kit to another person and a person who purchases the starting kit without notifying the Organizer may be disqualified, as well as suspended from participation in events organized by Sport Evolution Group Sp. z o.o. for 2 years.
- 10.5. The location and opening hours of the Race Office are given in point 11.2. The Race Office will be closed on the day of the event.
- 10.6. The starting kit, which will not be collected during the working hours of the Race Office may be sent to the Athlete by courier on his/her request to the following address: gdynia5150@theironmangroup.com within 7 days from the day of the Event. The cost of delivery is:
 - 10.6.1. 20 PLN – Poland
 - 10.6.2. 10 EUR - European Union countries
 - 10.6.3. 50 EUR- countries outside the European Union
- 10.7. The cost of delivery is paid by the Athlete before delivery..

XI. RACE OFFICE, TRANSITION ZONE, START, FINISH

RACE OFFICE

- 11.1. The race office will be located at Kościuszki square in Gdynia, August 2-3, 2024.
- 11.2. The race office will be open from 12:00 p.m. - 20:00 p.m. (August 2, 2024) and 9:00 a.m. - 20:00 p.m. (August 3, 2024).
- 11.3. The Race Office will be closed on the day of the event.
- 11.4. Each Athlete is obliged to personally collect their starting kit at the Race Office during its opening hours. Starting kit will not be issued to another person or a designated representative.
- 11.5. Positive verification at the Race Office requires the presentation of a registration confirmation in the form of a QR ticket and an identity document or passport.
- 11.6. The QR ticket required for verification at the Race Office will be provided to the Participant a maximum of 3 days before the race to the email address provided during registration and will be published on the [Slotmarket.pl](https://slotmarket.pl) portal in the Athlete's account.
- 11.7. The collection of the race package involves the placement of a wristband on the Athletes' wrist by a volunteer.
- 11.8. The opening hours of the Race Office and location are possible to change. Such change shall not give rise to any additional claims and liabilities. The exact opening hours of the Race Office and its location will be published on www.ironmangdynia.pl and on www.ironman.com.

TRANSITION ZONE

- 11.9. The Transition Zone will be located at Kościuszki square in Gdynia:
- 11.10. Transition Zone will be open:
 - 11.10.1. Bike check-in and leave Transition Bags, August 3, 2024 from 17:00 p.m. to 22:00 p.m.
 - 11.10.2. Checking of bikes and leaving bidons, August 4, 2024 from 6:30 a.m. to 7:30 a.m.
 - 11.10.3. Bike check-out, August 4, 2024 from 13:00 p.m. - 16:00 p.m.
- 11.11. Only athletes with a wristband (received at the Race Office), helmet sticker, bike sticker, Transition Bags sticker, and ankle chip will be allowed to enter the transition zones.

- 11.12. Before entering the Transition Zone the technical condition of the bicycle will be checked by the Event Judge. Bicycles that do not meet the requirements described in 5.3. or endanger the safety of the Athlete or others will not be allowed into the Event.
- 11.13. Each athlete is required to individually bike check-in and leave Transition Bags with the items necessary to participate in the event on August 3, 2024.
- 11.14. August 4, 2024 it will not be possible to bike check-in or to leave Transition Bags. On August 4, 2024 in Transition Zones it will only be possible to check the bike, inflate the wheels and bring in bidons.
- 11.15. Bike check-out will be possible on August 4, 2024 at the times stated in point 11.10.3. with BIB number, chip and wristband.
- 11.16. The opening hours of Transition Zones and location are possible to change. Such change shall not give rise to any additional claims and liabilities. The exact opening hours of Transition Zones and its location will be published on www.ironmangdynia.pl and on www.ironman.com.

START & FINISH

- 11.17. The start and finish line will be located on the city beach in Gdynia.
- 11.18. Rolling start, 8 people every 10 seconds.
- 11.19. The start time will be published at www.ironmangdynia.pl and at www.ironman.com.
- 11.20. The organizer reserves the right to change the organization of the start.
- 11.21. Each athlete is obliged to wear a cap which he received in the starting kit at the Race Office.
- 11.22. Only athletes who have crossed the finish line may be present at the finish line. After crossing the finish line the athlete will receive a commemorative medal.
- 11.23. It is forbidden to run into the finish line with an accompanying person, animal or things which may endanger the safety of the athlete or other people. Failure to comply with this point will result in disqualification.

XII. EXTRA SERVICES

- 12.1. During registration for the event and after its completed, the athlete may purchase Extra Services.
- 12.2. The purchase of Extra Services is not obligatory and is not necessary to complete the race. The purchase of Extra Services is possible up to 7 days before the date of the race.
- 12.3. The price for the Extra Services is given in the event registration form on the Slotmarket.pl website.
- 12.4. Insurance and licence purchased from the Polish Triathlon Federation will not be refunded.
- 12.5. Insurance policies are purchased in UNIQA through the Slotmarket.pl portal and UDAO. In this relation, the Organizer acts as an intermediary, not as an insurer.
- 12.6. When purchasing insurance, the Athlete accepts the General Insurance Conditions.
- 12.7. The Organizer is not responsible for the quality and timing of additional services. All complaints should be submitted to the entity providing the purchased service.

- 12.8. Charges for additional services purchased through Slotmarket.co.pl shall be refunded in accordance with point 13.4.

XIII. WITHDRAWALS & TRANSFERS

- 13.1. Except as provided for in these Regulations, the Organizer does not provide for the possibility of transferring the entry fee paid to another participant, another event or to another year.

WITHDRAWAL

- 13.2. Withdrawal from the event should be reported via [the form](#). The amount of the refund of the entry fee depends on the date of registration.
- 13.2.1. 50% of the entry fee is refunded until May 4, 2024;
- 13.2.2. 25% of the entry fee is refunded from May 5, 2024 until July 4, 2024;
- 13.2.3. no refunds are made from July 5, 2024
- 13.3. Athletes who had deferred their registration from the year before are not eligible for any refund of the entry fee.
- 13.4. Fees for additional services purchased during or after registration will be refunded in full until July 4, 2024. In the event that the service has been provided, no refund will be issued.
- 13.5. Refunds will be transferred to the Credit Card you used during registration unless it is explicitly stated in the withdrawal request that you want a bank transfer. When transferring to a bank account the account holder and the athlete withdrawing must be the same person. If we refund to a bank account transfer, a transaction can take up to 8 weeks.
- 13.6. A partial refund of the entry fee is not possible for athletes who registered using a voucher or discount code.
- 13.7. Based on Article 38(1)(12) of the Consumer Rights Act, the Athlete does not have the right to withdraw from the contract for participating in the event.

TRANSFER TO OTHER IRONMAN EVENTS

- 13.8. There is no option to transfer from this Event to other IRONMAN or 5150 Triathlon Series races.

TRANSFER FOR IRONMAN POLAND and IRONMAN CZECH REPUBLIC EVENT

- 13.9. Transfer to another Event organized within IRONMAN Poland and IRONMAN Czech Republic must be reported via [the form](#).
- 13.10. Transfer is possible until July 28, 2024.
- 13.11. If an athlete is transferring from a higher priced race to a lower priced race, the athlete will not be refunded the difference.
- 13.12. If an athlete is transferring from a lower priced race to a higher priced race, the athlete will be required to pay the difference.
- 13.13. It is possible to transfer purchased additional services (e.g., medal engraving, photo package) to other races. In the event that the service for the target event is sold out, the fee for the service will be refunded.
- 13.14. The transfer can be used once per entry fee.
- 13.15. It is not possible to transfer to Event for which registration is already closed.

- 13.16. Races to be transferred into must have been open to the general public for at least 10 days.
- 13.17. Transfers are applicable to individual race entries only – entries purchased or provided through sponsors, charities, groups and free entries cannot be transferred.
- 13.18. If an athlete chooses to transfer, they forfeit their eligibility for a refund to the event they originally entered. Athletes will also not be eligible for a partial refund for the race they have transferred into.

XIV. CLASSIFICATIONS & PRIZES

- 14.1. The following classifications will be held as part of the race:

WOMEN	MEN
W 18 (ages 18-24)	M 18 (ages 18-24)
W 25 (ages 25-29)	M 25 (ages 25-29)
W 30 (ages 30-34)	M 30 (ages 30-34)
W 35 (ages 35-39)	M 35 (ages 35-39)
W 40 (ages 40-44)	M 40 (ages 40-44)
W 45 (ages 45-49)	M 45 (ages 45-49)
W 50 (ages 50-54)	M 50 (ages 50-54)
W 55 (ages 55-59)	M 55 (ages 55-59)
W 60 (ages 60-64)	M 60 (ages 60-64)
W 65 (ages 65-69)	M 65 (ages 65-69)
W 70 (ages 70-74)	M 70 (ages 70-74)
W 75 (ages 75-79)	M 75 (ages 75-79)
W 80 (ages 80 and over)	M 80 (ages 80 and over)
The best Gdynia woman	The best Gdynia man

- 14.2. The year of birth determines belonging to the age category.
- 14.3. The official time of the race is the athlete's net time.
- 14.4. The results will be announced no later than 15 minutes before the awards ceremony. The results will be hosted on the website www.wyniki.datasport.pl.
- 14.5. The results will be published on the event website and delivered to the media.
- 14.6. The winners of places I-III in the age groups of women and men will receive souvenir trophies.
- 14.7. In the category of "The Best Gdynia Woman" and "The Best Gdynia Man" a commemorative statuette is awarded only to the winner of the first place.

- 14.8. The classification in the Best Gdynia man and Best Gdynia female categories is based on the town given during registration.
- 14.9. In the case of absence from the award ceremony, the prizes can only be collected at the Organizer's office up to 30 days after the end of the event.
- 14.10. The organizer reserves the right to introduce additional prizes in selected categories.
- 14.11. During the event, the athlete may start in the following classification:
 - 14.11.1. Open Division
 - 14.11.2. Physically Challenged / Intellectual Disability Open Division
 - 14.11.3. Handcycle Division
- 14.12. Athletes in the Open Division will not be classified based on age or gender.
- 14.13. Participation in classifications described in point 14.11. excludes participation in the Age Group category.
- 14.14. Athletes who start in the Open Division and Physically Challenged / Intellectual Disability and in the Open Division are not subject to classification and are not eligible for age group awards or World Championship slots.
- 14.15. Athletes in the Handcycle Division are subject to classification and receive trophies for places I-III.
- 14.16. To start in the Physically Challenged / Intellectual Disability Open Division and in the Handcycle Division, it is necessary to write to the address 5150gdynia@ironman.com before registration to obtain permission to register.

XV. PROTECTION OF PERSONAL INFORMATION

- 15.1. Personal data controller of participants is Sport Evolution Group Sp. z o.o., Jana Kochanowskiego street 12/23, 01-864 Warsaw, daneosobowe@sporteolution.pl. In relation to some participant data IRONMAN® Germany Germany GmbH Höchster Strasse 90, 65835 Liederbach, Germany are joint controllers.
- 15.2. Personal data of participants of Event will be processed for the purposes of organizing and carrying out Event, to select the winner and to award, release, receive the prize and other activities related to the economic activity and will not be shared with other customers.
- 15.3. For the purposes of chip timing and result sheet creation as well as sending one's bib number information and official time, personal data of the athlete (name, last name, year of birth, gender, city, email address, phone number) will be shared with Datasport, ul. Okrężna 22, 58-310 Szczawno Zdrój.
- 15.4. The participant has a right to access his/her data and correct them. Providing personal data and consent to their processing is optional, but necessary to achieve the said objectives. Failure to provide data or lack of consent to their processing prevents participation in the event. Please be advised that your consent may be revoked at any time.
- 15.5. Processing of participants data, in connection with participation in the event, includes publication of name, surname, year of birth, club participant with the name of the town in which he resides - in every way in which the project will be published.

- 15.6. All information concerning participants obtained by the Organizer and included in the registration form will be recorded in electronic way and in each case they will be used pursuant to in accordance with the applicable law.
- 15.7. The organizer reserves the right to carry out interviews with each of the participants, take photos and film them for advertising, promotional purposes, use on the Internet or in radio and TV broadcasts and for other commercial purposes.
- 15.8. The Organizer reserves the right to use, without compensation, all photographs, films, interviews, and voice recordings introducing the Event participants. These materials may be used by the Organizer in the form of CD-ROMs, DVDs, catalogues, internet sites, newspapers, and exhibition stands, as well for promotional-commercial purposes concerning the Events run by the organizers.
- 15.9. The data retention period shall be
 - 15.9.1. For data processed for the purpose of asserting possible legal claims - until the claim is time-barred or the proceedings related to the claim are concluded.
 - 15.9.2. For data processed for the purpose of documenting and communicating activities, not more than 5 years from the date of the documented event, unless the data are processed for archiving purposes in the public interest.
 - 15.9.3. For data processed to ensure the security of networks and information systems - not more than 5 years from the date of registration.
 - 15.9.4. For data processed on the basis of the athlete's agreement - until that agreement is withdrawn.
- 15.10. In order to withdraw your consent to the processing of your personal data, you must complete the application form on <https://slotmarket.pl/document/polityka-prywatnosc> and send it to contact@slotmarket.pl.

XVI. COMPLAINTS

- 16.1. A written protest regarding the non-compliant behavior of athletes, non-compliance with the provisions in other matters related to the race or the decision of the judges may be submitted to the main judge within 5 minutes from the end of the race (the last athlete running in) at the head referee with a deposit paid the amount of USD 50 (WT Rules art. 12.7a).
- 16.2. Complaints concerning matters related to the Event shall be submitted in writing with justification to the Organizer's correspondence address, with the note "5150 Gdynia - Complaint", within 7 days from the date of the event - directly or by registered mail (the date of the postmark is decisive) or to the address: gdynia5150@theirongroup.com, with the note "5150 Gdynia - Complaint".
- 16.3. Complaints sent after the deadline in point 16.2. will not be considered.
- 16.4. Complaints about race will be considered by Organizer within 60 days of their receipt.
- 16.5. The Organizer's decision on complaints about race will be final.
- 16.6. The above does not limit the Consumer's rights to pursue their claims under mandatory provisions of law before common courts.

XVII. COMPLAINTS PROCEDURE

- 17.1. All Event participants are bound by these Regulations.
- 17.2. The Rules shall apply from October 30, 2023.
- 17.3. Each participant is obliged to read the regulations.
- 17.4. Ignorance of the Regulations does not release the athlete from the rules specified by the Organizer in these Regulations.
- 17.5. It is forbidden to bring any kind of narcotic, illegal substance, drugs improving athletic performance, as well as alcoholic products to the area encompassing the Event. Participants are prohibited from taking such drugs and substances both before and during the race, failure to abide by this rule may result in exclusion from participation in the Event. If it is found that an athlete violates the above prohibition, the organizer reserves the right not to allow him to participate in the race or exclude him during the race.
- 17.6. No athlete may use measures or actions to increase efficiency. Any attempt of doping will be dealt in accordance with the IRONMAN Anti-Doping Rules. Athletes may be required to undergo testing before and after the Event. If an athlete is called upon to control, he/she is required to appear for inspection.
- 17.7. The Medical Control Rules are in accordance with IRONMAN Anti-Doping Rules on banned substances and will be binding on all athlete. In addition, other rules and regulations, even if not yet recognized by the IRONMAN Anti-Doping Rules, may be instituted, which if such occurs, you agree to abide by.
- 17.8. On the reverse of the bib number there will be a table that each athlete should fill in for easier identification in the case of an accident. The table contains data on the medications taken, possible allergies and the telephone number of the person to be contacted by the Organizer in the case of an accident.
- 17.9. The organizer provides emergency medical care along the route and at the finish line.
- 17.10. The event Organizer provides safety in the water during the race (through WOPR).
- 17.11. The Organizer shall provide a deposit. Valuables cannot be left in the deposit, but only things necessary for basic needs both before and after the Event.
- 17.12. The Organizer is not responsible for lost valuables during the Event.
- 17.13. The organizer takes responsibility only for equipment left in the Transition Zone which is necessary to complete the race, i.e.: bicycle, helmet, shoes, wetsuit. Additional equipment (watches, bicycle computers, goggles, etc.) are left in the Transition Zone at the athlete's own risk.
- 17.14. In case of theft or damage to equipment, each athlete is obliged to report this fact to the Organizer representative in the Transition zone and the police. Entries will be accepted by the Organizer only until it receives the equipment and leave the Transition zone by an athlete.
- 17.15. The organizer reserves the right to cancel or modify the event without giving reasons. If it is not possible to conduct a swimming competition (red flag), the swimming will be canceled or a 10 km run will be organized.
- 17.16. The event will take place regardless of weather conditions.

- 17.17. The Organizer reserves the right to make rule changes at any time provided all athletes are notified in writing and/or at the pre-race athlete briefing meeting. Notification of any change will be in accordance with WTC procedures.
- 17.18. Absence of technical check doesn't exempt the athlete from complying with these Regulations on this check-in.
- 17.19. Each of Organizer and WTC may assign these Regulations to other entity/s or individual/s ("assignees") at any time, and any such assignment will grant assignees the full rights and protections accorded in these Regulations, consistent with Organizer's, WTC's and other Released Parties' rights and protections under these Regulations.
- 17.20. Only the organizer of the event is entitled to a binding and final interpretation of the regulations of these regulations. If any of the provisions of the Regulations is partially or entirely changed - all other provisions remain valid.
- 17.21. The organizer reserves the right to change the name of the event
- 17.22. In matters not covered by the regulations, the Organizer shall decide on the basis of the applicable law. The above does not limit the right to court in case of a dispute.