

GENERAL PROVISIONS

Out of concern for the safety of volunteers, organizers, competitors and fans - we introduce an annex to the regulations of the event valid during Enea IRONMAN 70.3 Gdynia, Sprint Triathlon Gdynia and the Sprint Triathlon Gdynia Relay, referred to in the regulations as "the event" organized by Sport Evolution in the 2020 sport season. The regulations are in accordance with the guidelines of the Ministry of Culture and National Heritage, the Ministry of Development and the Chief Sanitary Inspector concerning the way of organising mass events during the SARS-CoV-2 virus epidemic and the Act of 2 March 2020 on special solutions related to preventing, preventing and combating COVID-19, other infectious diseases and crisis situations caused by them (Journal of Laws of 2020, item 374).

CHAPTER 1

ATTENDANCE AT THE EVENT

1. In order to reduce the risk of Covid-19 infection, we recommend that all persons over 65 years of age and/or diagnosed with one of the following conditions: pregnancy, diabetes, high blood pressure, past stroke, chronic lung or heart disease, chronic kidney failure with dialysis, chronic liver disease with cirrhosis, reduced immune function should not take part in the event.

2. While staying at the site of the "event" and moving on the premises of the facility, competitors should comply with the applicable regulations, especially to move in a way that ensures that a social distance is maintained and remain at a safe distance from each other, in accordance with the current guidelines of the Ministry of Health and the Chief Sanitary Inspector, WHO and the law.

3. Persons in quarantine, under epidemiological surveillance or showing signs of infection (fever, coughing, dyspnea) are not allowed to enter the 'event'.

6. Each competitor is required to complete a screening questionnaire sent to an e-mail address.

§ 2

1. Each competitor is obliged to: cover his mouth and nose with a protective mask or visor, disinfect hands when entering the "event" area.

2. Avoid accumulation and stamping when passing through doors, passageways, corridors and toilets.

3. Possession of nose and mouth protection is obligatory and conditions participation in the "event".

5. The mouth and nose can only be discovered if a person's identity has to be identified or verified.

6. When coughing or sneezing, it is advisable to cover your mouth and nose with a bent elbow or handkerchief, which should be disposed of immediately in the waste container and thoroughly wash your hands or disinfect them with alcohol-based disinfectant.

CHAPTER 2

OTHER PROVISIONS

I understand and I agree that:

The organiser has put in place safety and health measures due to the potential spread of COVID-19. I will follow all published instructions by visiting any venue. The inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an infectious disease that can lead to severe illness, permanent disability or even death. According to the Centres for Disease Control and Prevention and the World Health

Organisation, seniors and people with coexisting diseases are particularly vulnerable. By visiting any site associated with the Event, I voluntarily assume all risks associated with exposure to COVID-19.

CHAPTER 3
FINAL PROVISIONS

1. These Terms and Conditions apply from the time of publication until further notice.
2. The organizer reserves the right to change the content of the regulations with respect to the rights of the participants of the event.